LULU LADYBUG'S LITTLE LABYRINTH

WHAT IS A LABYRINTH?

(A labyrinth is a pattern of connected paths with a single route leading to the center.) A labyrinth is different from a maze, even though they look alike. Mazes include lots of twists, turns, and dead ends. You can get lost in a maze. Labyrinths include *one path* that you follow toward the center and back out again. Labyrinths can be large of little—and can provide a way to talk with Jesus.

LULU'S LITTLE LABYRINTH

Lulu Ladybug pulls out her Little Labyrinth when she is feeling sad, mad, hurting, or left out. She flies to her favorite spot, a quiet branch on a little redbud tree. Lulu closes her eyes and takes a deep breath. "God," she prays, "I am on Your path. I know You're always with me, but I am feeling confused. Will You walk with me?"

Lulu puts her finger on the yellow ★, and starts to move it along the path. "I know You love me, Jesus, but I don't understand why my wings hurt sometimes, or why I can't eat the same foods my friends eat." Lulu's finger continues to move toward the magenta ♥. When she reaches it, she says, "Thank You that my wings felt good enough today to fly to my favorite branch on the little redbud tree. Thank You for the sunshine and the pretty dandelions. Thank You for my friends in the Sonshine Squad, and thank You for making me."

Lulu paused. "God, thank you for this Little Labyrinth. I'm not so confused anymore. Thank you for listening to me." Lulu's finger left the magenta ♥ and moved toward the brown →. When she crossed it, she smiled and said, "Amen."

GET CREATIVE! MAKE YOUR OWN LABYRINTH!

If you've never seen a labyrinth, flip the page over and look at Lulu Ladybug's. Labyrinths can be any shape or size, and can be created with many things, like:

- blocks
- sticks
- straws
- paper clips
- popsicle sticks
- pipe cleaners
- sidewalk chalk
- string, yarn, or rope
- cardboard and crayons

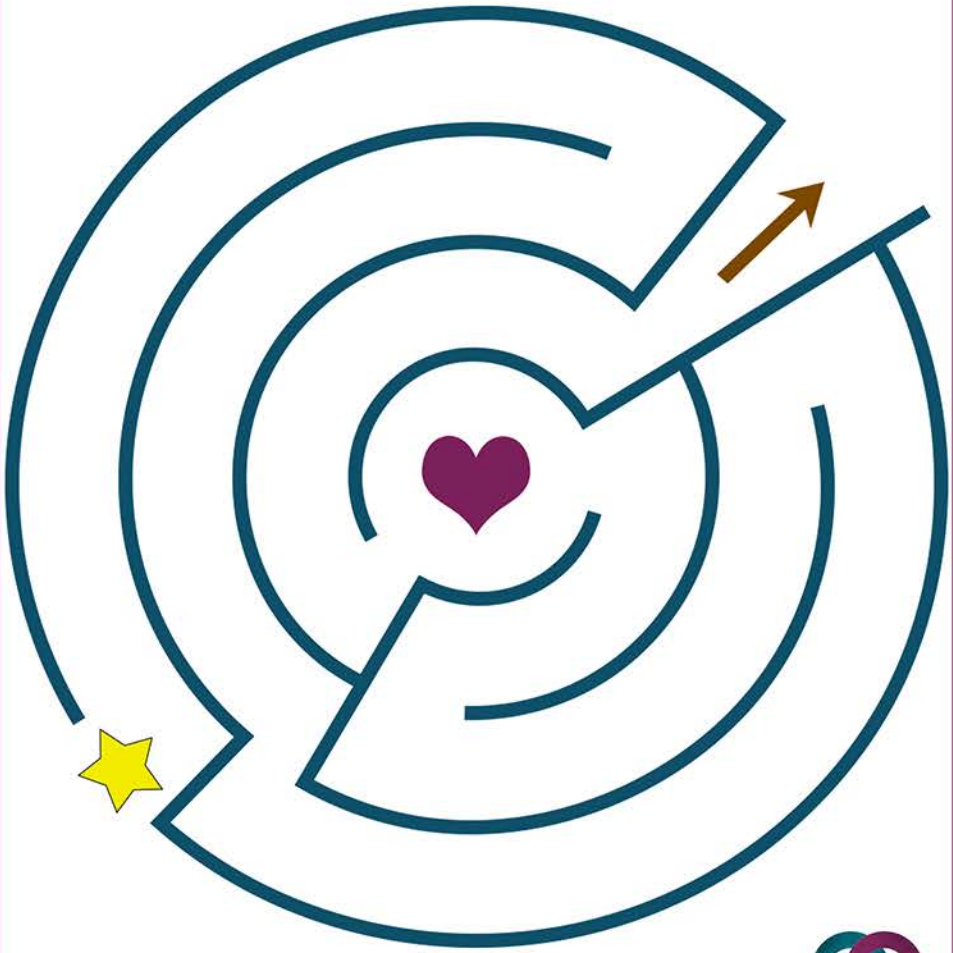
Your labyrinth needs a starting point, a center, and an ending point. Lulu Ladybug marked those places with a star, a heart, and an arrow. What shapes, colors, pictures, or words would make those places special to you?

Labyrinths remind us that Jesus is walking with us every day. We are very special to Jesus, and He loves us completely, exactly as we are.

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DIRECTIONS

- Choose a quiet spot.
- Place your finger on the ★. Try to use the hand you *don't use* to write or draw. That helps you focus and move a little slower.
- Trace the path with your finger, moving slowly toward the magenta ♥ at the center.
- As you go, talk to Jesus. When you reach the magenta ♥, thank Jesus for someone or something.
- When you reach the brown →, say *Amen*.



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