PRAYERS FOR SUFFERING

On my bed I remember you; I think of you through the watches of the night. Because you are my help, I sing in the shadow of your wings. (Psalm 63:6-7)

GOD PROMISES TO BE WITH US IN OUR SUFFERING

God does not promise us life without suffering, but He does promise to be with us on every hard day, in every overwhelming circumstance, and through every dark valley.

Sometimes, when our prayers seem to go unanswered, the most honest thing we can say is, "Lord, give me the courage to surrender my suffering to You one more time."

When words are few, let these words lead you back to the One who knows you completely and loves you without fail.

THIS SUFFERING IS SO HARD TO BEAR

God of Love, I feel lost and alone. This suffering is so hard to bear. Your Word promises that You are with me, that You will guide me, protect me, and sustain me, but I feel adrift. I don't even know how to pray anymore. I need You! O'Lord whisper comfort to my soul, encourage me, heal me—yet only if it is Your will. How I long to feel joy again! Oh, Lord, may it be so! Amen.

EACH DAY IS ONE DAY CLOSER

Lord Jesus, You were so patient when you suffered on earth, surrendering to Your Father's will. I feel so impatient, just wanting this suffering to end. Be with me in the pain. Strengthen me so my courage will grow. Help me remember that my earthly experiences are so short in light of eternity. Remind me that each day here brings me one day closer to forever with You. Amen.

LORD, I AM BROKEN AND TIRED

Lord, I am broken and tired. I need Your mercy to carry me because I cannot take another step alone. Hold me, Lord, and let me rest. Comfort me so that I can endure this suffering patiently, surrendering it all to You, so that You may be glorified in it. In Jesus' name, amen.

JESUS, I AM WEIGHED DOWN

Jesus, I am weighed down by my sufferings. I stand in surrender before You. Only Your goodness can sustain me, only Your love can bear this cross, only Your strength can lighten its load. Renew my strength and courage. Be my hope and refuge. I am so grateful for You. Amen.

I AM WEARY OF THIS SUFFERING

Lord, I am weary of this suffering that has burst into my life. I keep trying to solve the puzzle with another doctor, another opinion, more medication, another treatment, more surgery, and another false hope. How I long for a respite, for this suffering to cease! Yet I know I walk in the footsteps of One who suffered so much more than I will ever know. Please grant me patience. Please help me to see that my suffering grows compassion in me to walk beside others who are suffering. I surrender, Lord. Amen.

GIVE ME RELIEF FROM MY DISTRESS

Father God, I know You know this pain, this suffering, but sometimes I wonder if You've forgotten me. *Give me relief from my distress* (Psalm 4:1). Help me to *Be joyful in hope, patient in affliction, faithful in prayer* (Romans 12:12). Teach me to praise You for the blessings You abundantly and freely offer each day and for *the Spirit Himself who intercedes for [me] through wordless groans* (Romans 8:26). Thank you for promising that You are with me always, Lord. In Jesus' precious name, amen.

FILL MY HEART WITH PEACE

Lord, You remind me to *cry out in the night* and *pour out my heart like water* (Lamentations 2:19), promising that when *I walk through the darkest valley ... you are with me* (Psalm 23:4). Comfort me today, Lord, and fill my heart with peace. In Your Son's holy name, amen.

I AM FEARFUL OF PAIN AND SUFFERING

Dear Lord Jesus, help me! I am fearful of pain and suffering. Yet the Spirit that reminds me that I am a dearly loved child of God also whispers that I am a co-sharer in His suffering and a co-heir of His glory. You don't call me to suffer *for* You, Jesus, but *with* You. You'll never lead me where You are not present, and You'll never ask me to do anything apart from You. Thank you for mercy undeserved, kindness and grace in abundance, and compassion sweeter than any I have ever known. In Your name I pray, amen.