

30 / 365 Photo Challenges

30-DAY PHOTO CHALLENGE

Choose one of the lists, then capture one image daily for 30 days using any of the themes listed below. *For an extra challenge, take only one photo of each idea and enjoy looking through the viewer.

1. Simple
2. Bold
3. Patterned
4. Soft
5. Starts with F
6. Rocky
7. Yellow
8. In the Mirror
9. Be Brave
10. On the Ground
11. Empty
12. Full
13. Narrow
14. Wide
15. Broken
16. Bricks
17. Antique
18. Brand New
19. Hope-Filled
20. In the Mirror
21. Morning Light
22. Silhouette
23. Overflow
24. Gray Tones
25. Wrinkled
26. Neon
27. Celebrate
28. Grainy
29. Torn
30. In a Bowl

1. Aftermath
2. Deep Down
3. With Love
4. Not a Chance!
5. Slow & Steady
6. On a Whim
7. In Sight
8. I am ...
9. In a Box
10. I miss ...
11. What's the Weather?
12. In Time
13. Tattered & Torn
14. Wish list
15. Too Much
16. Full Color
17. In Pieces
18. Freshly Washed
19. Lit Up
20. In the Shadows
21. High Tech
22. Up Close
23. On a Board
24. In the Distance
25. On the Road
26. Starts with J
27. If You Knew
28. Handwritten
29. Sharp-Edged
30. On Ice

365-DAY CHALLENGE

A 365-day photo challenge is a fun commitment to pick up your camera or phone to capture a single shot every day of the year.

CHOOSE A CHALLENGE THEME

1. **One Year Highlight Reel** - Each day, snap a photo of something that delights you, inspires you, in which you see God.
2. **Black & White** - Capture an image a day in black and white.
3. **Single Subject** - Shoot a single subject every day all year, such as:
   - music
   - signs
   - eyes
   - shadows
   - circles
   - tools
   - textures
   - hands
   - landscapes
   - chairs
   - liquid
   - light
   - food
   - weather
   - one color
   - signs
   - patterns
   - unusual objects
4. **One Theme 365** - If something brings to mind your One Theme (see below – or choose your own theme), grab that shot!
   - hope
   - joy
   - illness
   - pain
   - love
   - stillness
   - compassion
   - balance
   - provision
5. **A Color A Month**
   - **January** – white
   - **February** – red
   - **March** – green
   - **April** – yellow
   - **May** – green
   - **June** – pink
   - **July** – blue
   - **August** – purple
   - **September** – gold
   - **October** – orange
   - **November** – brown
   - **December** – silver
6. **A Theme A Week** - Choose a new theme each week of the year.

FOUNDATIONS - A PHOTO ESSAY

Over the next 30 days, create photos capturing the essence of *who you are*, building a photo essay of *you.*

- Create photos showing the foundations of your life.
- Who are you? How do you describe yourself? Capture that in pictures.
- What identifies your family and your unique personal history?
- How can you show your faith in photos?
- What are your likes and dislikes?
- What are your dreams and passions?
- What is your calling? What is your purpose?
- How does God define you? Not sure? Check out ***You Are Loved!*** on our **Printables** page.