

PRAYERS FOR THE JOURNEY

Prayers for the Journey are quiet invitations to pause, breathe, and draw near to our compassionate God. In the middle of illness, uncertainty, or pain, these prayers remind you that you are fully known, deeply loved, and never alone.

O Lord, be kind to us. We have waited for You. Be our strength every morning. Save us in the time of trouble. (Isaiah 33:2)

Lord, we ask You to lift our burdens, grant relief, and meet each of our cares with Your deep compassion. Will You fill our hearts with Your glorious hope and peace today? Amen. (Bettie Gilbert)

Speak, Lord, for your servant is listening. (1 Samuel 3:9)

O Lord, sometimes the pain in my life becomes my focus, and I turn away from You. Gently remind me that You are with me in the pain, holding me close. Amen. (Pamela Piquette)

In the morning, O Lord, you hear my voice; in the morning I lay my requests before you and wait in expectation. (Psalm 5:3)

Lord, we know there are days when You ask us to slow down and other days when You ask us to push through. Help us pause and listen to You first, so we don't run ahead or lag behind. Teach us to release our time into Your hands, so You may order our days and help us become more like Jesus. In His name we pray, amen. (Karin Fendick)

May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer. *(Psalm 19:14)*

Dear Jesus, we often hide our pain, yet You modeled lament by openly sharing Your sorrow. Help us find safe places to share our stories with others. Show us how to lovingly carry each other's burdens. May we always know we can share them with You and that You understand. In Jesus' name, amen. (Laura J. Boggess)

Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long. *(Psalm 25:4-5)*

Oh, Lord, sometimes it's easier to love my neighbor than myself, for I am broken in body and spirit—but You can take all I am and all I am not and use them for Your good purpose. We are created to love and be loved by You and by one another. Show me how to be Your heart and hands in this world for the people You love so deeply. Amen. (Julie Sheridan Smith)

Lord, teach me what I cannot see. (Job 34:32)

Lord, help me live the abundant life. Too often, I live in scarcity, worrying about what tomorrow may hold, believing I am not enough, and trying to do what You never called me to do. Please help me live in the present, simply and peacefully, relying on You for my daily bread. Amen. (Pamela Piquette)

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. (Psalm 139:23-24)

Thank You, Lord, for helping us when we don't know how to pray. You are compassionate toward our weakness and gentle in Your love. Please teach us to bring every need and request to You, trusting in Your perfect care. You are our refuge and strength. We love You, Lord! Amen. (Lee Ann Zanon)

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. (Psalm 51:1)

Restore, O Lord, the years the locusts have eaten. These days in the wilderness have stripped away my pride, self-reliance, and shame. Transform this desert of loss into a place of preparation and let Your grace be the rain that ends my drought. In Jesus' name, amen. (Cindee Snider Re)

Hear my cry, O God; listen to my prayer. From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I. (Psalm 61:1-2)

Father God, my heart feels the weight of the night, and the weight of my own pain; I long for the dawn. Will You lift my heart to awaken with You, to lift my song with the dawn's chorus, to sing my amen to You here? (Bettie Gilbert)

Lord, teach me how you want me to live. Do this so that I will depend on you, my faithful God. Give me a heart that doesn't want anything more than to worship you. Lord my God, I will praise you with all my heart. I will bring glory to you forever. (Psalm 86: 11-12)